

THE WYNNSTAY ARMS

R U A B O N

starters

Oven baked garlic bread (v) 442kcal	£4.50	Salt & pepper calamari Sriracha mayonnaise 544kcal	£7.00
Oven baked garlic bread with mozzarella (v) 599kcal	£5.00	Banana blossom chilli bites (v, vgn) Vegan sriracha mayonnaise 481kcal	£7.00
Homemade soup of the day (v) Crusty bread & butter 314kcal	£5.25	Chicken liver pâté Toasted bloomer & fruit chutney 340kcal	£7.00
Southern style chicken dippers Garlic mayonnaise 793kcal	£7.25	Goat's cheese & beetroot salad (v, gf) Mixed roasted baby beetroot, goat's cheese, fresh red chillies & candied walnut salad 468kcal	£7.50
Pea & mint ravioli (v) Fresh filled ravioli in a creamy pea purée sauce 263kcal	£7.50		

large seasonal salad bowls

All salads are set on a crisp traditional base of mixed leaves, cherry tomatoes, cucumber, peppers & red onion, & topped with your choice of the following:

Sticky chilli beef, sweet chilli sauce & sesame seeds 662kcal	£15.00
Candy & golden beetroot with goat's cheese, candied walnuts & sriracha dressing (v, gf) 995kcal	£14.00
Salt & chilli chicken, teriyaki sauce & sesame seeds 595kcal	£14.00
Salmon fillet, lemon dressing (gf) 532kcal	£16.00

main courses

Gammon steak (gf) 6oz £10.00 12oz £13.00 With a fried egg, garden peas, buttered savoy cabbage with bacon strips & chips 835kcal (6oz) 1068kcal (12oz)		British steak & Unicorn ale pie Shortcrust pastry filled with Yorkshire grass fed beef braised in Robinsons Unicorn ale, with fresh seasonal vegetables, your choice of potatoes & gravy 966kcal	£13.95
Hunter's chicken schnitzel £13.00 Breaded chicken schnitzel, topped with smoked bacon, bourbon BBQ sauce, Cheddar cheese, fresh seasonal salad & chunky chips 1118kcal		Tandoori chicken hanging kebab £18.00 Two skewers of chicken breast in tandoori marinade, onions & sweet red peppers, with skinny fries, minted yoghurt dressing & toasted flatbread 1287kcal	
Beer battered cod small £10.00 large £13.95 Chunky chips & mushy peas 694kcal (small) 774kcal (large) Add chip shop curry sauce (v, vgn) for £1.50		Crispy chilli beef £13.50 Stir fried vegetables, noodles, sweet chilli sauce, fresh chillies, spring onions & sesame seeds 1157kcal	
Pea & mint ravioli (v) £14.00 Fresh filled ravioli in a creamy pea purée sauce 525kcal		Salt & chilli chicken £13.25 Stir fried vegetables, wild rice, teriyaki sauce, fresh chillies, spring onions & sesame seeds 996kcal	
Wholetail scampi small £10.00 large £13.00 Chunky chips with garden or mushy peas 873kcal (small) 1028kcal (large)		Margherita pizza (v) £10.00 Tomatoes, mozzarella & oregano 1038kcal	
Roasted red pepper & Stilton risotto (v) £13.00 In a risotto of spring greens 633kcal		Pepperoni pizza £11.00 Pepperoni, pepperoni & more pepperoni, tomatoes & mozzarella 1298kcal	
Cumberland sausage ring £13.00 Bacon & mustard mash & creamed leeks topped with crispy fried onions 1584kcal		Chicken Caesar salad £13.00 Grilled chicken on gem lettuce leaves with croutons, grated cheese & a creamy Caesar dressing 678kcal	
Baked salmon fillet (gf) £17.00 With hollandaise sauce, fresh seasonal vegetables or salad & your choice of potatoes 886kcal			

sides

Chunky chips (v, vgn, gf) 245kcal	£3.50	• Skinny fries (v, vgn, gf) 427kcal	£3.50
Bacon & mustard mashed potato (gf) 518kcal	£4.00	• Creamed leeks (v, gf) 381kcal	£4.00
IPA, fresh chives & mature Cheddar cauliflower cheese (v) 183kcal	£4.00		
Beer battered onion rings (v, vgn) 356kcal	£3.50		
Buttered Savoy cabbage with bacon strips (gf) 287kcal	£3.50		

Adults need around 2000 kcal a day

burgers

On a bun with lettuce & tomato, served with skinny fries, beer battered onion rings & sriracha mayonnaise dip

Classic 'C&B' burger £13.00
7oz beef burger, cheese, bacon, bourbon BBQ sauce 1792kcal

Spinach, aubergine & harissa burger (v, vgn) £12.00
Served with vegan sriracha mayonnaise 1332kcal

Classic chicken burger £12.00
Southern fried chicken burger, crisp lettuce & mayonnaise 1494kcal

loaded fries

Big cheesy fries (v) £7.00
Mexican cheese & thick warm cheese sauce 943kcal

Salt & chilli chicken fries £9.00
Shredded chicken with sweet chilli sauce, sriracha mayonnaise, spring onions, red chillies & sesame seeds 1461kcal

Sticky chilli beef fries £9.00
Crispy battered beef strips, sweet chilli sauce, sriracha mayonnaise, spring onions, red chillies & sesame seeds 1473kcal

New Yorker fries £7.00
Bacon strips, bourbon BBQ sauce & melted cheese 1053kcal

sandwiches

Available Monday-Saturday, 12-5pm All served with skinny fries

Mature Cheddar cheese (v) £8.00
Mayonnaise & sliced red onion in either brown or white bloomer 1492kcal

Posh fish fingers £10.00
Battered cod goujons on a bun with lettuce & tartare sauce 1114kcal

Cumberland sausage £10.00
8oz Cumberland sausage ring on a bun with crispy onions & mustard mayonnaise 1803kcal

Roasted red peppers & hummus (v, vgn) £9.00
Roasted red peppers & hummus on brown or white sliced bloomer 898kcal

desserts

Sticky toffee pudding (v, gf) £6.50
Cream, custard or ice cream 450kcal

Ice cream sundae (v) £7.50
Forest fruits, whipped cream, wafer & syrups 1261kcal

Loaded meringue blob (v) £7.50
Large meringue topped with white chocolate & raspberry ice cream, whipped cream & forest fruits in sauce 610kcal

Dark chocolate orange torte (v, vgn) £6.50
Orange segments & chocolate sauce 419kcal

White & dark chocolate brownie (v, gf) £6.75
Served warm with cream or ice cream 606kcal

Lemon cheesecake (v, gf) £6.75
Served with cream or ice cream 731kcal

traditional sunday lunch

We serve our roasts every Sunday from 12 noon

All our Sunday meat roasts are served with rosemary & garlic beef dripping roast potatoes, thyme glazed carrots, buttered seasonal greens, honey glazed roast parsnips with traditional accompaniments & as much gravy as you would like

fizzy friday

20% OFF FIZZ & CHAMPAGNE
by the glass & bottle

Every Friday from 5pm - 10pm

chippy tuesday

**Fish or scampi with
chips & peas for just £7.50**

Every Tuesday - All Day

FOOD ALLERGIES AND INTOLERANCES


Before ordering drinks or food, please speak with a team member about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information.


(v) - vegetarian (vgn) - vegan (gf) - gluten free

All weights stated are approximate prior to cooking

Adults need around 2000 kcal a day

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